

SACRED HEART P.S. ST.ALBANS

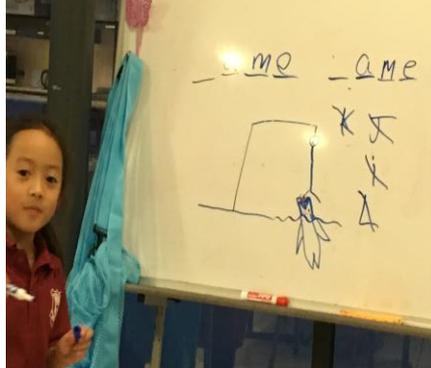
Theircare Program Report

Term 2 2020

Term 2 was very short and different this year, with offsite learning and the children finally coming back to aftercare in late May we tried to do as many fun activities as we could. The children were very excited to return to aftercare to hang out and play with their peers.



Playing Celebrity heads with Sarah is so much fun



Shark Bait 'give us clue Victoria'



Serious game of Chess

Learning outcome:3- Children take increasing responsibility for their own mental health and physical wellbeing.



Balloon Hockey was a hit
'Wow look at Dylan Jump'



Foosball match



Children enjoyed many sport activities in aftercare. Down ball was one of the favourites. We never forget to sanitize our hands and equipment. 😊

Aftercare Menu reflects on our belief and values about Healthy Eating.

The children understand what is involved in planning a delicious and healthy menu. We looked at substituting ingredients to make our meals healthier and they made wise choices when giving input for the following weeks menu. Unfortunately, this term we could not run cooking class for the children, we will collaborate with our school community and Theircare leadership team as to when these class will return.



WEEKLY MENU June 2020

Under the National Quality Framework healthy eating is important to every child's wellbeing and development. Quality Area 2 of the National Quality Standards (2.1.3) specifies promoting healthy eating for each child.

Monday 15 th	Tuesday 16 th	Wednesday 17 th	Thursday 18 th	Friday 19 th
Fruit & Vegetable Platter <ul style="list-style-type: none"> - Apples - Oranges - Pears - Celery - Carrots 	Fruit Platter <ul style="list-style-type: none"> - Honey Dew - Oranges - Apples - Mandarins 	Fruit Platter <ul style="list-style-type: none"> - Honey Dew - Bananas - Yellow Melon 	Fruit & Vegetable Platter <ul style="list-style-type: none"> - Oranges - Apples - Pears - Carrot - Cucumber - Tomatoes 	Fruit <ul style="list-style-type: none"> - Apples - Pears - Peas
Weet Bix with Spreads <ul style="list-style-type: none"> - Jam - Honey 	Wedges and Garden Salad <ul style="list-style-type: none"> - Potatoes - Cucumber - Tomato - Lettuce 	Parfait <ul style="list-style-type: none"> - Coconut - Yoghurt - Rolled oats - Honey 	Cheese Toasties <ul style="list-style-type: none"> - Cheese - Whole meal bread 	Chicken and Vegetable Soup & Garlic Bread <ul style="list-style-type: none"> - Potato - Mixed vegetables - Onions - Garlic - Mixed Spices



Learning outcome: 2.2 Children respond to diversity with respect./ 2.4 Children become socially responsible and show respect to their environment.

We celebrated many special days this term, (Reconciliation Week, World Ocean day & Refugee week).

For reconciliation week we looked at traditional art works from indigenous artist, one of our favourites artist was LORETTA EGAN. The children painted on tanbark and did some beautiful rock and stone paintings which they proudly displayed.

World ocean day we researched on ways to look after our oceans and marine life. We also explored how the ocean connects us all and the importance for humans not to pollute the environment. The children creatively designed posters and artwork to showcase the beauty of our oceans.

World Refugee Day we looked at the hardship refugees face and linked our own lives to some of those struggles. We explored a diverse range of meals celebrating different countries.

Our program had to adapt to COVID -19. The children came up with ideas and took on responsibility on how to keep each other safe. They showed understanding and maturity as we looked at many social stories and how it relates to what has changed in our way of living and how we feel about the social and emotional impact COVID-19 has on us individually.

The aftercare educators would like to wish all our families a very safe and happy school break.



Please be mindful that Fees for aftercare will resume term 3 and Bookings are now open for school holiday programs ! Visit www.theircare.com.au or call 1300 072 410 for assistance.